

## Holiday candy without palm oil

### Candy canes & peppermint candy:

- **Bob's Sweet Stripes**
    - Peppermint Stir Sticks 5oz
  - **Spangler** Candy Canes
    - Natural Peppermint
    - Cherry
  - **Wholesome** Organic Candy Canes
  - **Bob's Sweet Stripes** Soft Peppermint Candy
  - **York Peppermint Patties** Dark Chocolate Coated Peppermint Patties
  - **Market Pantry** Peppermint Starlight Mints Hard Candy; Soft Peppermint Puffs
- **YumEarth!**
    - Holiday Candy Canes
    - Holiday Mini Candy Canes
    - Organic Candy Cane Pops
    - Organic Gummy Fruit

### Chocolate:

#### Hershey's Kisses

- Milk Chocolate -- silver foil
- Milk Chocolate with Almond -- gold foil
- Special Dark Mildly Sweet Chocolate -- purple foil

#### *Hershey's Kisses Christmas packaging in bags:*

- Milk Chocolate -- bag with red & green foils
- Santa Hat Kisses (same as Milk Chocolate) -- top of foil wrapper is red, bottom is silver
- Milk Chocolate with Almond -- bag with red, green, & gold foils
- Special Dark Mildly Sweet Chocolate -- bag with red, green, & purple foils

#### *Other holiday Kisses: Be sure you are buying "Milk Chocolate Kisses"*

- Santa Hat Mini Kiss 1.45 oz
- Giant Milk Chocolate Kiss 7 oz, 12 oz
- Milk Chocolate Kisses in candy cane
- Advent Calendar
- Kisses Holiday Sleeve 1.6 oz
- Kisses Holiday

#### Hershey's Bars -- all sizes

- Milk Chocolate; Milk Chocolate with Almonds; Special Dark Mildly Sweet

#### *Christmas packaging:*

- Milk Chocolate Bar 1 lb, 3 lb
- Hershey's Holiday Filled Candy Cane 1.4 oz

**Reese's Peanut Butter Cups:** Snack Size Cups -- original version & packaging; not holiday

**M&M's:** Milk Chocolate; Almond; Dark Chocolate

*M&M's Christmas packaging in bags:*

- Milk Chocolate -- red and green M&M's
- Almond -- red and green M&Ms

*Other M&M's holiday packaging -- Buy Milk Chocolate (and not Peanut which contains palm oil)*

- Giant M&M's Christmas Yard Bar
- M&M's Christmas Box
- Light & Sound Christmas Tree
- (Green) Holiday Ornament Tin
- Christmas Story Book
- Mini's Mega Tube
- Mini Tube Naughty or Nice
- Holiday Mini's Milk Chocolate 4 Pack Tubes
- Minis Baking Bits
- Holiday Candy Cane (Milk Chocolate)

**Dove Promises**

- Silky Smooth Promises Milk Chocolate
- Gifts Milk Chocolate

Watch for these palm oil derivatives in candy:

- Calcium Stearate
- Glycerin
- Glycerol
- Glycerol Monostearate
- Magnesium Stearate
- Medium Chain Triglycerides
- Mixed Tocopherols
- Mono- and Diglycerides
- Monoglycerides
- Stearic Acid
- Tocopherols
- Anything with Palm in it as in Palm Oil, Palm Kernel Oil, Organic Palm Oil, etc.

Take a few seconds to read labels for your favorite candies.

*This list is not guaranteed. Please do not use this for medical advice. Use it as a starting point and as a way to be more aware of palm oil in candy.*

*In order to ensure a product is palm oil free, it should have the Palm Oil Free label from the International Palm Oil Free Certification Trademark Programme.*

For other lists of products without palm oil and for tips to find products without palm oil derivatives, check out our website at <https://www.productswithoutpalmoil.com/>

**Thank you for being a proactive consumer! Vote with your dollars!**